

Bulletin national association of Taekwon-Do ITF 6-10/2015



Czech National Taekwon-Do Union ITF



Soustředění školy TKD Strančice

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Weekend training camp of school Taekwon-Do Strančice



School Taekwon-Do ITF Strančice held a weekend training camp from 12th to 14th June.

We set out to the region around the city of Tábor where the nature is very beautiful. In our destination we had everything we need to do our sport activity. There were 40 participants who set out on Friday afternoon and in the evening we had our first training. There was a wide age-range – from 6 years old children to adults of forty, and all of us have enjoyed this event. All participants had a full service – catering and accommodation, nice sport hall and all equipments needed to do Taekwon-Do.





Víkendové soustředění školy Taekwon-Do Strančice



This training camp was focused on sport fight, special techniques (jump kicks), selfdefence and it was also a preparation to grading which held one week after training camp.

Finally we would like to thank the municipality of Strančice, thank to its finance support we could hold training camps, competitions like Christmas cup. We thank also to Porty s.r.o who support the participants of national and international competitions.



Summer Camp 2015



And it is here again... After one year we met again in plentiful number to spend 12 nice days with Taekwon-Do in Podolí I near the town Písek.

You can find detailed informations in bulletin - Summer special.





CzNTU Delegation at the AETF HQ

On Saturday, 29th September 2015 seven members of the Czech National Taekwon-Do ITF Union visited the Head Office of All Europe Taekwon-Do Federation and Polish Taekwon-Do Association in Lublin, Poland.



The delegation included Mr. Viktor Stein, CzNTU President, Mr Kamil Kolofik - Chairman of the Technical Committee, Mr. Robert Pokorný - Communication Committee as well as four members of the Czech National Junior Female Team came to the AETF HQ on Saturday Morning at 10.00 a.m.

After short presentation, Master Loboda presented especially to the members of the national team the Hall of Trophies of PTA, the collection of calendars issued by PTA in the past years as well as referred a little to the most important events in the history of PTA and AETF. He also showed some video footage with the most outstanding competitors from different competitions. After that the young part of the delegation went to the old town of Lublin for sightseeing, and the officials stayed at the office in order to continue the meeting.





CzNTU Delegation at the AETF HQ

The main aim of the visit was among others the organizational matters of CzNTU. Mr. Stein handed in to Master Loboda the official documents about the registration of the federation. The delegation had also more time to learn more about the financial system which can support the activity and development of a federation. During the meeting was also discussed the possibility to include into the calendar of activity of Czech National Taekwon-Do ITF Union the events held on a regular basis in Poland such as: Central Winter/Summer Taekwon-Do Camp, seminar before the black belt exam in Wrocław, International Mazovia Masters Cup in Ciechanów, sparring consultations held also in Ciechanow, etc.

After the lunch break the participants went to Lubartów, where the part of them took part in the individual classes and had an opportunity to practice pattern with Master Jedut, VIII Degree. The rest of the delegation went to the Firlej Lake close to Lubartów to enjoy last days of summer.



During the way, we have visited monument in Oswiecim



Marians funfair

To occasion of Maria's holiday in days 12th and 13th of September was held in Mnichovice traditional funfair. Square of Mnichovice was closed for traffic during whole weekend, there were merry-go-rounds, shooting gallery and stage. At this stage were held various exhibitions of leisuretimes activities. Lets mention at least few of them: dancing club Fuego from Říčany, singing group of primary school of Mnichovice, club of gymnastics TJ Tourist Říčany and TaekwonDo club Strančice. There were also performance of several music groups: Z hecu, Opět otevřeno, Next Monday and Pankix. Medial support of whole event was held by Radio Blaník.





Festival of handicraft and Apple festivities



In beautiful sunny day 3rd October 2015 was held traditional event Festival of handicrafts and apple festivities in small town Stránčice in central Bohemia. Program was very rich, except exhibition of our school Taekwon Do Sparring Mnichovice there were exhibitions of historical dance, school of art, clown, fashion show etc. Event was attended by more than 300 visitors.



Autumn tour of TaekwonDo school Sparring Mnichovice



On Friday 16th October we set out to hotel Trosky in Troskovice, right under remains of castle Trosky. We have arrived at rainy evening. When children went to beds, leaders of expedition have prepared the course of trips, naturally with „cashes” for Kamil.

On Saturday we woke up to the foggy morning, fortunately without rain, and after very rich breakfast we set out to castle of Hrubá Skála. After sightseeing the castle we have continued to castle Valdštejn by walking. The journey was very nice, it went between crags and through forest. We have reached the destination without any loss, although some children did not follow the road and climbed on rocks and jumped across hollows. After sightseeing Valdštejn castle we ate excellent lunch in near restaurant. Then we went back to Hrubá Skála. At the evening children was very tired but happy with their new experiences.

On Sunday, immediately after breakfast we set out to the second trip, this time under the top of mountain Ještěd. We were looking forward scenic view which Robert has promised us. But when we have arrived to the top, fog came to this place. So we have view only to fogged up valley. Unfortunately during our way back to the parking the fog has dispersed so we could enjoy view to Ještěd's lookout tower from below.

Our next trip was to Malá Skála, where we had lunch and then we went to sightseeing ruins of castle Malá Skála. After return to cars we set out to the last destination - Frýdštějn (it is known as a castle of the witch of fairytale named „O princezně Jasněnce a létajícím ševci” (Princess Jasněnka and flying cobbler). But finally we did not find any witch there so we set out to way back home.



European Championship 2015 Scotland - Motherwell



On Tuesday 20th November we set out to Scotland town Motherwell to European Championship. This time we have travelled by plane – long stopover in Amsterdam we used to walk in town.

Wednesday morning we have finally arrived to the Ravenscraig sporthall, where the weight in took place. The weight in of our competitor Sára Podskalníková ran without problems. After this we set out to accomodate in our hotel, where we have relaxed before first day of competition.

On Thursday first Sára's category of tulls was played out. In spite of a huge improvement of her techniques, she was defeated by Norway competitor. During the same day Sára started also in category of Special techniques. There were a lot of competitors in her category so her performance was not enough to get medal.

During Friday morning started Sára's last category – Matsogi. Again Sára get a very strong and experienced opponent, this time from Sweden. Also in this fight we could see very big improvement. Sára get some points but not enough to win. Friday evening we took part in the AETF congress.

Saturday we have arrived to the sporthall only as a visitou. Afternoon a very important meeting with Paco Ferrando (coordinator of ITF online system) was held. Rest of afternoon we used to short trip to Glasgow.

Sunday was for us free day so we decided to spent it with sightseeing – we set out to Edinburgh. We have followed the trail of CzNTU's delegation at 73rd IIC which held in Livingston (2012). We have visited medieval kastle of Edinburgh, historical lanes in lower castle and very well-knowned Calton Hill, where you can see a lot of historical monuments.

Mondays travelling home was a little bit complicated because of canceled flight to Amsterdam, so we flight to London and then to Prague. We arrived few hours later than was planned. In spite of this complications we must say, that our participation on European Championship was very beneficial for us – we get a lot of experiences and ideas for our trainings to next competitions.



Membership meeting

On 27th of October 2015 was held membership meeting of CzNTU in Kunice. At meeting were discussions about next events such as National seminar, Czech republic Championship, summer and weekends camps. There was also report from AETF congress and European championship in Scotland. There was also presented ITF online system to coaches.





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